



## About B-HERO

When the State of North Dakota made it a priority to provide educators, students and families with resources to support behavioral health, the B-HERO Technical Assistance Center was formed.

B-HERO communicates with school-based Behavioral Health Resource Coordinators (BHRCS) across the state to provide access to evidence-based resources and skill-building opportunities that support understanding of behavioral health risk factors, warning signs, and available resources within the community.

From support with relationship building strategies to collaboration with community agencies to provide direct behavioral health services, B-HERO shares stories of success and provides technical assistance to help address the behavioral health topics most important to today's educators.

### Who we are.

A group of educators and advocates passionate about the importance of behavioral health in our schools and communities.

### What we do.

We provide access to:



Trainings



Technical Assistance



Opportunities

### Why we do it.

We want to help:



Stop the Stigma



Build Healthier Schools



Avoid Burnout

### How do we do it?

# WITH YOU.

**LEARN MORE ABOUT OUR WORK WITH ND SCHOOLS AT B-HERO.ORG**

The B-HERO Technical Assistance Center is a collaboration between Central Regional Education Association and the ND Department of Health & Human Services, Behavioral Health Division.

